



# Welcome

On behalf of European Rowing Management Board the Danish Rowing Federation (DFfR) in cooperation with Concept 2 Denmark, and Bagsværd Rowing Club are delighted to invite you to the 2019 European Rowing Indoor Championships on 26 January 2019 in Gladsaxe Sports Arena in Gladsaxe.

This year's event will coincide with the Danish Championships, ensuring one of the most exciting and toughest indoor events in Europe this year. The Danish national rowing team will participate.

The event takes place in the newly renovated Gladsaxe Sports Arena, which for the last twenty years has been the venue of the main Danish indoor rowing events: the Danish Championships and Euro Slide Open.

Athletes will find superior conditions on brand new Concept 2 ergs. Enthusiastic spectators and speakers will make this a boiling pot, the athletes will never forget.

We look forward to welcoming athletes, coaches and spectators from Denmark and abroad, and we will do our utmost to make the 2019 European Indoor Rowing Championships a memorable event and a success for all.

Yours ERIC'2019 Organizing Committee

# Race list – 2019 European Rowing Indoor Championships

Races are shown in numbered blocks: 1xx, 2xx, etc. The start times shown are preliminary and indicate the expected start time for the first race in each block. Actual start times will depend on the number of entries in each race; a final race schedule will be available on www.eric2019.com latest on 17 January 2019. The event is expected to finish around 18:00.

Race 10.	Race description	Distance	Planned start
100	Masters Women 30+ (30-39 years)	2.000m	08:00
101	Masters Women 30+ LW (30-39 years)	2.000m	08:00
104	Masters Women 40+ (40-49 years)	2.000m	08:00
105	Masters Women 40+ LW (40-49 years)	2.000m	08:00
108	Masters Women 50+ (50-54 years)	2.000m	08:00
109	Masters Women 50+ LW (50-54 years)	2.000m	08:00
110	Masters Women 55+ (55-59 years)	2.000m	08:00
111	Masters Women 55+ LW (55-59 years)	2.000m	08:00
112	Masters Women 60+ (60-64 years)	2.000m	08:00
113	Masters Women 60+ LW (60-64 years)	2.000m	08:00
114	Masters Women 65+ (65-69 years)	2.000m	08:00
115	Masters Women 65+ LW (65-69 years)	2.000m	08:00
116	Masters Women 70+ (70-79 years)	2.000m	08:00
117	Masters Women 70+ LW (70-79 years)	2.000m	08:00
120	Masters Women 80+ (80-89 years)	2.000m	08:00

170	Masters Men 80+ (80-89 years)	2.000m	08:00	818	Masters Men 40+ (40-49 years)	1.000 m	10:00
171	Masters Men 80+ LW (80-89 years)	2.000m	08:00	819	Masters Men 40+ LW (40-49 years)	1.000 m	10:00
301	PR1, PR2, PR3 Women	2.000m	10:00 1)	820	Masters Men 50+ (50-54 years)	1.000 m	10:00
302	PR1, PR2, PR3 Men	2.000m	10:00 1)	821	Masters Men 50+ LW (50-54 years)	1.000 m	10:00
800	Masters Women 30+ (30-39 years)	1.000 m	10:00	822	Masters Men 55+ (55-59 years)	1.000 m	10:00
801	Masters Women 30+ LW (30-39 years)	1.000 m	10:00	823	Masters Men 55+ LW (55-59 years)	1.000 m	10:00
802	Masters Women 40+ (40-49 years)	1.000 m	10:00	824	Masters Men 60+ (60-64 years)	1.000 m	10:00
803	Masters Women 40+ LW (40-49 years)	1.000 m	10:00	825	Masters Men 60+ LW (60-64 years)	1.000 m	10:00
804	Masters Women 50+ (50-54 years)	1.000 m	10:00	826	Masters Men 65+ (65-69 years)	1.000 m	10:00
805	Masters Women 50+ LW (50-54 years)	1.000 m	10:00	827	Masters Men 65+ LW (65-69 years)	1.000 m	10:00
806	Masters Women 55+ (55-59 years)	1.000 m	10:00	828	Masters Men 70+ (70-79 years)	1.000 m	10:00
807	Masters Women 55+ LW (55-59 years)	1.000 m	10:00	829	Masters Men 70+ LW (70-79 years)	1.000 m	10:00
808	Masters Women 60+ (60-64 years)	1.000 m	10:00	830	Masters Men 80+ (80-89 years)	1.000 m	10:00
809	Masters Women 60+ LW (60-64 years)	1.000 m	10:00	831	Masters Men 80+ LW (80-89 years)	1.000 m	10:00
810	Masters Women 65+ (65-69 years)	1.000 m	10:00	206	Junior Women E (09+)	2min	12:00
811	Masters Women 65+ LW (65-69 years)	1.000 m	10:00	208	Junior Men E (09+)	2min	12:00
812	Masters Women 70+ (70-79 years)	1.000 m	10:00	210	Junior Women DII (08)	2min	12:00
813	Masters Women 70+ LW (70-79 years)	1.000 m	10:00	212	Junior Men DII (08)	2min	12:00
814	Masters Women 80+ (80-89 years)	1.000 m	10:00	214	Junior Women D (07)	2min	12:00
815	Masters Women 80+ LW (80-89 years)	1.000 m	10:00	216	Junior Men D (07)	2min	12:00
816	Masters Men 30+ (30-39 years)	1.000 m	10:00	218	Junior Women CII (06)	3min	12:00
817	Masters Men 30+ LW (30-39 years)	1.000 m	10:00	220	Junior Men CII (06)	3min	12:00

222	Junior Women C (05)	4min	12:00
224	Junior Men C (05)	4min	12:00
226	Junior Women BII (04)	2.000m	12:00
227	Junior Women BII LW (04)	2.000m	12:00
228	Junior Men BII (04)	2.000m	12:00
229	Junior Men BII LW (04)	2.000m	12:00
230	Junior Women B (03)	2.000m	12:00
231	Junior Women B LW (03)	2.000m	12:00
232	Junior Men B (03)	2.000m	12:00
233	Junior Men B LW (03)	2.000m	12:00
234	Junior Women All (02)	2.000m	12:00
235	Junior Women All LW (02)	2.000m	12:00
236	Junior Men All (02)	2.000m	12:00
237	Junior Men All LW (02)	2.000m	12:00
238	Junior Women A (01)	2.000m	12:00
239	Junior Women A LW (01)	2.000m	12:00
240	Junior Men A (01)	2.000m	12:00
241	Junior Men A LW (01)	2.000m	12:00
401	U-23 Women LW (19-22)	2.000m	14:00
402	U-23 Women (19-22)	2.000m	14:00
403	U-23 Men LW (19-22)	2.000m	14:00
404	U-23 Men (19-22)	2.000m	14:00

405	Women Open LW (Danish Championship)	2.000m	14:00 1), 2)
406	Women Open (Danish Championship)	2.000m	14:00 1), 2)
407	Men Open LW (Danish Championship)	2.000m	14:00 1), 2)
408	Men Open (Danish Championship)	2.000m	14:00 1), 2)
501	Fitness/Company relay 4x500m	2.000m	16:15
502	School relay 4x500m	2.000m	16:15
601	Junior E/D SPRINT Women	100m	16:15
602	Junior E/D SPRINT Men	100m	16:15
603	Junior C SPRINT Women	200m	16:15
604	Junior C SPRINT Men	200m	16:15
605	Junior B SPRINT Women	200m	16:15
606	Junior B SPRINT Men	200m	16:15
607	Junior A SPRINT Women	200m	16:15
608	Junior A SPRINT Men	200m	16:15
609	Senior Open SPRINT Women	200m	16:15
610	Senior Open SPRINT Men	200m	16:15
701	Club relay, Junior B, C, D, E	3min	16:15
702	Club relay, junior A, Senior, Master	3min	16:15

#### Notes.

- 1) European Rowing Indoor Championship.
- 2) Danish Championship. Medal awarded to best participant from DFfR affiliated rowing club.

To be classified in an individual event of the European Championships and to claim a title, participants must be of nationality of one of the member countries of the European Rowing Management Board All other races are clasified as Euro Open championships.

# Registration

Registration is open from 1 November 2018.

Registration must take place via the official registration tool provided on our website www.eric2019.com, and must be completed latest ten days before the event, i.e. Wednesday January 16, 2019 at 12:00 CET.

Please provide qualifying time for races: 401 to 408 and 609/610.

# Entry fees and payment

The following entry fees apply for the different age groups and race categories:

Race type	Race	DKK	Appr. Euro
Single entry Juniors	200-224	90	12€
Open entry	400-499	190	25€
All other single entries	100-199, 226-399, 800-899	170	23€
Sprint (200m)	600-699	75	10€
Crew competition (relay)	500-599, 700-799	525	70€

An additional transaction fee of 10 DKK per entry (appr. 1,35€) will be added automatically by the registration tool. All fees are non-refundable.

## Late entries

Late entries are possible at a 100% surcharge. If registering at the venue, payment must be made in cash DKK. Euro notes are also accepted, but change will only be given in DKK.

Late entries are accepted up to two hours before the race begins, provided free seats are available. No additional heats will be created. In race 405 to 408 late Danish entries will not participate in the Danish championships.

# Age groups and weight limits

Category is based on age at end of the year (31 December 2019). Junior class races are split in two depending on birth year. According to the DFfR byelaws the Umpires may, at their own discretion, request proof of identity and age and may reject athletes unable to comply.

Weight limits for lightweight (LW) rowers:

- Unior B women 15/16 years: 57,5 kg
- Junior B men 15/16 years: 67,5 kg
- Junior A women 17/18 years: 60,0 kg
- UJunior A men 17/18 years: 70,0 kg
- Women / Master: 61,5 kg
- Men / Master: 75,0 kg

In the crew competitions (relay races 5xx and 7xx) the individual weight limits apply.

## Additional information

## **Doping control**

The National Anti-Doping Rules as well as the World Anti-Doping Code will apply.

FISA will conduct doping tests during the event.

Accommodation and local transport – go to eric2019.com

## Organizing Committee (OC)

#### **Bagsværd Roklub**

- Hans-Henrik Kaaber (chair)
- Mikael Espersen
- Ole Lindskov

#### **DFfR**

- Kim Mejnert Frydensbjerg
- Anna Karina Gravad

## Concept2

Reiner Modest

## Contact details

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